

# Breakfast Program Addressing Substance Abuse in the A/E/C Industries

April 23, 2024

7:30-9:00 am



### **Membership Benefits**

- Member pricing for all events
- Corporate listing for four representatives in the online directory
- Access to member mailing list
- Eligibility for scholarship for all employees and employees' immediate family members
- Annual golf tournament open to members only
- Ability to nominate a company or organization for induction into the MBC Hall of Fame
- Members are invited to serve on committees, seek nomination to the Board
- Sponsor events or advertise on MBC website



## **MBC New Members**







# **Presenting Sponsor**

# WALSH BROTHERS



## **Lead Sponsors**



# BUILDING TRADES RECOVERY WEEK





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Boston Global Investors



# **Event Sponsor**





# **Special Thanks | Annual Sponsors**











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Ken White,
MBC Board Member & Program Champion
Director of Business Development, Walsh Brothers





John Christian, CEO and President Modern Assistance

# MBC Breakfast Program-Addressing Substance Abuse in the A/E/C Industries

Presented by John Christian President & CEO



EST. 1988

# THE COST OF SUD

Drug-involved overdoses kill over 100,000 people/year (Over 6 per day in Massachusetts...every day...today...)

Approximately 150,000 people die each year from the effects of alcohol

Two out of three adults report being affected either personally or within their family

Annual economic impact annually of alcohol is \$249 Billion/Illicit substances is \$193 Billion

Annual cost of SUD to employers is \$81 Billion

SUD destroys lives and families

# **MODERN ASSISTANCE**

- Established in 1988
- •Union Staff
- Servicing 100,000 Covered Lives
- Carveout for 12 Taft-Hartley Funds
- Employee Assistance Provider for over 20 Unions, JATCs, and Private Companies

# **OUR STAFF**

#### **Clinical Staff**

- 14 Licensed Clinicians
- Licensed Mental Health Counselors
- Licensed Alcohol and Drug Counselors
- Licensed Social Workers
- Certified Gambling Specialist
- Certified Anger Management Specialists
- Group Facilitators/Trainers
- Staff Psychologist

#### **Operations**

- •15 Operations Staff
- Director of Alternative Health
- Director of Operations
- Claims Processing
- Network Management and Contracting
- Drug Testing

# **EMPLOYEE ASSISTANCE PROGRAM**

- Counseling (In-person and Telehealth)
- Unlimited Individual, Couples, Marriage, Family,
   Grief
- Intensive Outpatient Program
- Anger Management Program
- Early Recovery Groups
- Clinical Case Management
- Assessment & Referral
- Education & Training
- DOT & Substance Abuse Evaluations

- College Application
- Financial Aid Application Assistance
- Financial Literacy

# MENTAL HEALTH

- Provide assessment and referral for acute psychiatric issues
- Case Management
- Treatment Planning
- Family Counseling and Guidance

- Licensed MH Counselors on-call 24/7
- Staff Psychologist
- Referrals for Psychiatric Prescribers
- In-house mental health counseling

# **DRUG TESTING**

#### **Design and Administration**

- Design custom workplace safety/drug testing programs
- Provide MRO services
- Administer Journeyman and JATC programs

#### **Testing**

- Testing can be completed in the field at the union hall or a Modern Assistance location
- Oral Swab Devise
  - More accurate for recent use, less expensive and non-intrusive
- DOT/FRA Testing available

# **EDUCATION AND TRAINING**

#### Education

- Modern Assistance Lecture Series
- Introduction to EAP Benefits
- Stress Management
- Mental Health: The Stigma of Mental Health
- Coping with Grief and Loss
- Financial Stress Reduction
- Retiree Wellness
- Issues with Aging Parents
- Parental Stress
- Conflict Management
- Cultural Competency
- Substance Use Disorder Awareness
- Critical Incident Stress Debriefing

#### **Training**

- Narcan (Naltrexone) Training
- •Reasonable Suspicion (Under the Influence)
- •Making an Effective Referral to EAP
- Recognizing Substance Abuse in the Workplace
- Violence in the Workplace
- Conflict Management
- Communication Strategies
- Supervisor Training

# WHO WE SERVE

Members and Dependents

**Extended Dependents** 

•All of our services are available to eligible members and dependents

- We understand that members can fall off health plans or not meet the required hours necessary for coverage
- Modern Assistance will continue to provide services

# Top Presenting Issues

Anxiety Disorders - 40%

Depressive Disorders - 25%

Alcohol Use Disorders – 15%

Opioid Use Disorders – 10%

PTSD - 3%

Other -7%

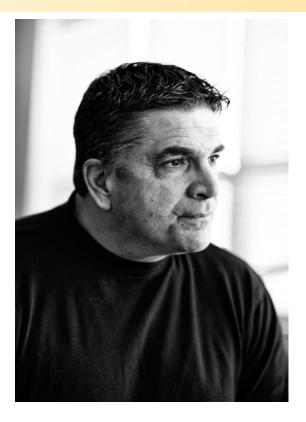
Almost all SUD calls included MH issues





Darlene Conners,
Director of Human Resources
Walsh Brothers





Kevin Stevens, <a href="Power Forward, Inc.">Power Forward, Inc.</a>



## **Upcoming Events**

Breakfast Program with HYM & Dream Collaborative I Roxbury

May 15, 2024, 7:30 AM – 9:00 AM

**MBC Golf Tournament 2024** 

June 17, 2024, 11:00 AM – 8:00 PM