



MASSACHUSETTS
BUILDING CONGRESS

Breakfast Program

Addressing Substance Abuse in the A/E/C Industries

April 23, 2024

7:30-9:00 am



Membership Benefits

- Member pricing for all events
- Corporate listing for four representatives in the online directory
- Access to member mailing list
- Eligibility for scholarship for all employees and employees' immediate family members
- Annual golf tournament open to members only
- Ability to nominate a company or organization for induction into the MBC Hall of Fame
- Members are invited to serve on committees, seek nomination to the Board
- Sponsor events or advertise on MBC website



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MBC New Members

HDR

TKE



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Presenting Sponsor

WALSH BROTHERS
Since 1901



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Special Thanks | Annual Sponsors





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Ken White,
MBC Board Member & Program Champion
Director of Business Development, Walsh Brothers



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**John Christian,
CEO and President
Modern Assistance**

MBC Breakfast Program-Addressing Substance Abuse in the A/E/C Industries

Presented by John Christian
President & CEO

MODERN ASSISTANCE
EMPLOYEE ASSISTANCE PROGRAM
EST. 1988

THE COST OF SUD

Drug-involved overdoses kill over 100,000 people/year (Over 6 per day in Massachusetts...every day...today...)

Approximately 150,000 people die each year from the effects of alcohol

Two out of three adults report being affected either personally or within their family

Annual economic impact annually of alcohol is \$249 Billion/Illicit substances is \$193 Billion

Annual cost of SUD to employers is \$81 Billion

SUD destroys lives and families

MODERN ASSISTANCE

- Established in 1988
- Union Staff
- Servicing 100,000 Covered Lives
- Carveout for 12 Taft-Hartley Funds
- Employee Assistance Provider for over 20 Unions, JATCs, and Private Companies

OUR STAFF

Clinical Staff

- 14 Licensed Clinicians
- Licensed Mental Health Counselors
- Licensed Alcohol and Drug Counselors
- Licensed Social Workers
- Certified Gambling Specialist
- Certified Anger Management Specialists
- Group Facilitators/Trainers
- Staff Psychologist

Operations

- 15 Operations Staff
- Director of Alternative Health
- Director of Operations
- Claims Processing
- Network Management and Contracting
- Drug Testing

EMPLOYEE ASSISTANCE PROGRAM

- Counseling (In-person and Telehealth)
 - Unlimited Individual, Couples, Marriage, Family, Grief
 - Intensive Outpatient Program
 - Anger Management Program
 - Early Recovery Groups
- Clinical Case Management
- Assessment & Referral
- Education & Training
- DOT & Substance Abuse Evaluations
- College Application
- Financial Aid Application Assistance
- Financial Literacy

MENTAL HEALTH

- Provide assessment and referral for acute psychiatric issues
- Case Management
- Treatment Planning
- Family Counseling and Guidance
- Licensed MH Counselors on-call 24/7
- Staff Psychologist
- Referrals for Psychiatric Prescribers
- In-house mental health counseling

DRUG TESTING

Design and Administration

- Design custom workplace safety/drug testing programs
- Provide MRO services
- Administer Journeyman and JATC programs

Testing

- Testing can be completed in the field at the union hall or a Modern Assistance location
- Oral Swab Devise
 - More accurate for recent use, less expensive and non-intrusive
- DOT/FRA Testing available

EDUCATION AND TRAINING

Education

- Modern Assistance Lecture Series
- Introduction to EAP Benefits
- Stress Management
- Mental Health: The Stigma of Mental Health
- Coping with Grief and Loss
- Financial Stress Reduction
- Retiree Wellness
- Issues with Aging Parents
- Parental Stress
- Conflict Management
- Cultural Competency
- Substance Use Disorder Awareness
- Critical Incident Stress Debriefing

Training

- Narcan (Naltrexone) Training
- Reasonable Suspicion (Under the Influence)
- Making an Effective Referral to EAP
- Recognizing Substance Abuse in the Workplace
- Violence in the Workplace
- Conflict Management
- Communication Strategies
- Supervisor Training

WHO WE SERVE

Members and Dependents

- All of our services are available to eligible members and dependents

Extended Dependents

- We understand that members can fall off health plans or not meet the required hours necessary for coverage
- Modern Assistance will continue to provide services

Top Presenting Issues

Anxiety Disorders - 40%

Depressive Disorders - 25%

Alcohol Use Disorders – 15%

Opioid Use Disorders – 10%

PTSD – 3%

Other – 7%

Almost all SUD calls included MH issues



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**Darlene Conners,
Director of Human Resources
Walsh Brothers**



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Kevin Stevens,
[Power Forward, Inc.](#)



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Upcoming Events

Breakfast Program with HYM & Dream Collaborative | Roxbury

May 15, 2024, 7:30 AM – 9:00 AM

MBC Golf Tournament 2024

June 17, 2024, 11:00 AM – 8:00 PM